

Campus Hunger Project Survey

The Campus Hunger Project (CHP) is a national movement working to eliminate food insecurity on college campuses across the country. This is the first year of Middlebury's CHP chapter. The formation of this group was inspired in part by a 2019 Food Studies Department survey that raised concern regarding the prevalence of food insecurity at Middlebury. Check out [go/foodresources](#), [go/snap](#), [go/winterbreakfood](#), and this Middlebury Campus op-ed to see some of the work we have accomplished this school year.

Food insecurity is a term used by the U.S. Department of Agriculture to refer to reduced quality, variety or desirability of your diet. It can range from anxiety over food sufficiency to disrupted eating patterns and reduced food intake. Food insecurity can come and go in a person's life or be heightened at different times of the year (i.e. towards the end of the month when SNAP runs out, during school breaks, etc.). Note that it does NOT refer simply to individual preferences, such as wanting to see hamburgers, lasagna or avocados more often in the cafeteria. Hunger is an individual-level physiological condition that may result from food insecurity.

The goal of this survey is to assess the extent of food insecurity among Middlebury students during semesters and breaks. There is little current data on the topic at Middlebury College, which has made it difficult for MiddCHP to properly evaluate and advocate for students' food needs. The questionnaire has been designed so that results will be comparable to the official Department of Agriculture findings. With these results, we plan to work with faculty and students to organize and build food resources for students.

If you are interested, there is an opportunity to enter a \$XX ____ gift card raffle at the end of this survey. Stay tuned!

If you have any questions regarding the survey or are interested in getting involved with MiddCHP, please reach out to:

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This survey is endorsed by:

Myles Maxie, PALANA co-President

Sunrise Middlebury

Concerned Students of Middlebury

Middlebury College Organic Farm

ALIANZA

International Student Organization

Hillel

GlobeMed

Brooker

Women of Color

Queers and Allies

SGA First Year Committee

SGA Health and Wellness Committee

* Required

Within the past semester, I worried whether my food would run out before I could get more: *

- ☐ Often I worried that my food would run out
- ☐ Sometimes I worried that my food would run out
- ☐ I never worried that my food would run out

Which of these statements best describes your access to food in the past semester? *

- ☐ Often I didn't have enough to eat
- ☐ Sometimes I didn't have enough to eat
- ☐ I always had enough food, but not the quality or type I wanted
- ☐ I always had enough to eat

If you answered that you often or sometimes didn't have enough to eat this past semester, why did this occur? Check any below that apply to you: *

- ☐ Dining Hall hours were too limited for my schedule
- ☐ Sports practice conflicted with hours that the Dining Hall was open
- ☐ On-campus work hours conflicted with hours that the Dining Hall was open
- ☐ Off-campus work hours conflicted with hours that the Dining Hall was open
- ☐ I didn't like the food options that were available
- ☐ I couldn't find food that met my dietary needs (e.g., vegetarian, vegan)
- ☐ I couldn't find enough food that met my religious restrictions (e.g., not kosher, not halal, not available when fasts were over)
- ☐ I am not on the Middlebury meal plan (add details in "other")
- ☐ Other (please explain) : _____



Please let us know whether you live on-campus or off-campus during this semester: *

- ☐ On-campus
- ☐ Off-campus
- ☐ Remote study/on leave

Please let us know whether you participated in the campus meal plan this semester: *

- ☐ I'm on the campus meal plan
- ☐ I'm on a partial meal plan
- ☐ I'm not on the campus meal plan

Which of these statements best describes your experience in a typical (non-COVID 19) semester at Middlebury (Fall 2019 and/or earlier)? *

- ☐ Often I didn't have enough to eat
- ☐ Sometimes I didn't have enough to eat
- ☐ I always had enough food, but not the quality I wanted
- ☐ I always had enough to eat
- ☐ I had enough to eat during the semester but NOT during school breaks
- ☐ I was not at Middlebury in Fall 2019 or earlier



If you answered that you often or sometimes didn't have enough to eat in the previous question, why did this occur? Check any below that apply to you: *

- ☐ Dining Hall hours were too limited for my schedule
- ☐ Sports practice conflicted with hours that the Dining Hall was open
- ☐ Work hours conflicted with hours that the Dining Hall was open
- ☐ I didn't like the food options that were available
- ☐ I couldn't find food that met my dietary needs (e.g., vegetarian, vegan)
- ☐ I couldn't find enough food that met my religious restrictions (e.g., not kosher, not halal, not available when fasts were over)
- ☐ I was not on the Middlebury meal plan
- ☐ Other (please explain) : _____

In your time at Middlebury, have you ever stayed in your on- or off-campus housing over an academic break while dining halls were closed? *

- ☐ Yes
- ☐ No

If you answered yes, which of these statements best describes the food you ate over the break(s)?

- ☐ Often I didn't have enough to eat
- ☐ Sometimes I didn't have enough to eat
- ☐ I always had enough food, but not the quality I wanted
- ☐ I always had enough to eat



If you answered that you sometimes or often did not have enough to eat in question 9, why did this occur? Check any below that apply to you.

- ☐ I did not have the money to buy enough food
- ☐ The resources provided by Middlebury College did not meet my needs
- ☐ Other (please explain)_____

Is there anything else you would like to add related to your experiences with food insecurity? Are you experiencing a form of food insecurity that was not touched upon in this survey?

Your answer _____

How would you describe your gender?

- ☐ Man
- ☐ Woman
- ☐ Non-binary/third gender
- ☐ Transgender woman
- ☐ Transgender man
- ☐ Not listed
- ☐ Prefer not to say



How would you describe your race?

- ☐ Asian
- ☐ American Indian or Alaska Native
- ☐ Black or African American
- ☐ Native Hawaiian or Other Pacific Islander
- ☐ White
- ☐ Other
- ☐ Prefer not to say

Do you identify as Hispanic or Latinx?

- ☐ Yes
- ☐ No
- ☐ Prefer not to say

What is your household income (the combined incomes of all people sharing your place of residence when you are not living in Middlebury)?

- ☐ Under \$25,000
- ☐ \$25,000-\$50,000
- ☐ \$50,000-\$75,000
- ☐ \$75,000-\$100,000
- ☐ \$100,000-\$150,000
- ☐ \$150,000-\$200,000
- ☐ Over \$200,000
- ☐ Prefer not to answer



What is your religious affiliation?

- ☐ Christian
- ☐ Muslim
- ☐ Jewish
- ☐ Hindi
- ☐ Buddhist
- ☐ Unaffiliated
- ☐ Other
- ☐ Prefer not to answer

Thank you for taking the time to fill out this survey. Your responses are invaluable to providing key data to Middlebury's administration about food insecurity on our campus. If you are interested in entering the gift card raffle, please share your Middlebury email with us here:

Your answer

Submit

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